



Markham's #1 friendly fitness centre!

# Markville

## FITNESS

No Gyntimidation!

### Expires Monday February 28th!

#### FACILITIES

- Personal Training
- Team Training **NEW**
- Juice Bar
- Senior Classes **NEW**
- Sauna
- Free Assessment
- All Classes Included
- Towel Service Available
- Chiropractic and **NEW** Registered Massage
- Women Only Area **NEW**

#### HOURS

Monday to Friday  
5:30am - 11:00pm  
Saturday & Sunday  
8:00am - 7:00pm



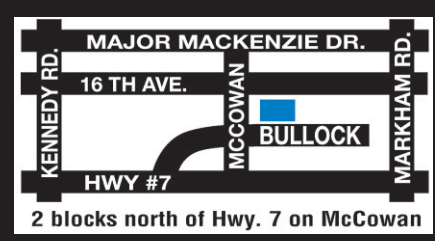
# END OF WINTER SALE!

## 4 DAYS LEFT!

# \$199 / YEAR!

- \* freeze membership anytime at no charge!
- \* all classes and fitness assessment included

Zumba • Hot Yoga • Boot Camps • Spinning • X-Training Studio • 20,000 sq ft Facility! • 7 Lines of Circuit Equipment!



190 Bullock Drive Beside LCBO  
**905-209-0763**

[www.markvillefitness.ca](http://www.markvillefitness.ca)