Review hosts all candidates debate May 28

News May 22, 2018 Flamborough Review



The Flamborough-Glanbrook candidates include, from left, Janet Errygers (Green), Glenn Langton (Libertarian), Melissa McGlashan (NDP), Rudy Miller (NOTA), Judi Partridge (Liberal), Roman Sarachman (Trillium) and Donna Skelly (PC). - Metroland photo composition

The Flamborough Review is hosting an all candidates debate next Monday.

The May 28 event, which is slated to run from 7 until 9 p.m. at Waterdown District High School (215 Parkside Dr.), will offer voters in the Flamborough-Glanbrook area an opportunity to hear from candidates in advance of the June 7 provincial election.

The seven candidates registered in the new riding of Flamborough-Glanbrook have agreed to participate in the debate. Candidates include Janet Errygers (Green), Glenn Langton (Libertarian), Melissa McGlashan (NDP), Rudy Miller (None of the Above), Judi Partridge (Liberal), Roman Sarachman (Trillium) and Donna Skelly (PC).

The Review is accepting questions from readers. Questions can be emailed in advance to <u>cohara@metroland.com</u>. Alternatively, residents can write their questions on paper at the venue. A table will be set up inside the high school cafetorium.

Residents can further engage with candidates during a live online chat May 31.

Flamboroughreview.com will host a live chat with Flamborough-Glanbrook riding candidates. The live written chat will begin at 11:30 a.m. Candidates who have so far confirmed their participation include Errygers, Miller, Partridge, Sarachman and Skelly.

Visit <u>www.flamboroughreview.com</u> to join the chat and ask the candidates your questions.

Flamborough-Glanbrook candidates square off at debate

All seven hopefuls discuss issues May 28 at WDHS

News May 29, 2018 by Mac Christie Flamborough Review



From left, Flamborough-Glanbrook candidates Donna Skelly (PC), Roman Sarachman (Trillium) and Judi Partridge (Liberal) with moderator Rick Ludwig at Waterdown District High School, where the Review hosted an all-candidates debate May 28. - Catherine O'Hara/Metroland



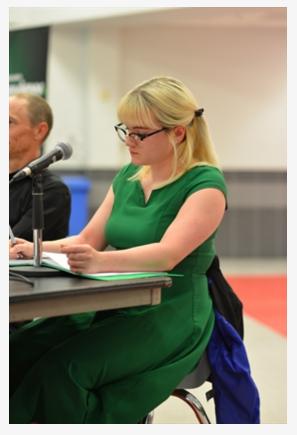
Flamborough-Glanbrook's None of the Above Party candidate Rudy Miller and NDP candidate Melissa McGlashan answer questions during the Review's all-candidates debate May 28. - Catherine O'Hara/Metroland



Rudy Miller, Flamborough-Glanbrook's None of the Above Party candidate, answers a question during the Review's all-candidates debate May 28. - Catherine O'Hara/Metroland



Flamborough-Glanbrook Green Party candidate Janet Errygers and Glenn Langton, Libertarian candidate, participate in the Review's all-candidates debate May 28 at Waterdown District High School. - Catherine O'Hara/Metroland



Flamborough-Glanbrook Green Party candidate Janet Errygers prepares her response to a question during the Review's May 28 all-candidates debate at Waterdown District High School. - Catherine O'Hara/Metroland



Flamborough-Glanbrook's Trillium Party candidate Roman Sarachman answers a question during the Review's all-candidates debate while Liberal candidate Judi Partridge and event moderator Rick Ludwig look on. - Catherine O'Hara/Metroland



Melissa McGlashan, the NDP candidate for Flamborough-Glanbrook, was one of seven participants in the Review's all-candidates debate May 28. - Catherine O'Hara/Metroland

Candidates from the three major parties struck to their talking points, while the other candidates urged voters to choose change on election day at a Flamborough-Glanbrook all candidates debate May 28 at Waterdown District High School. The debate, hosted by the Flamborough Review, featured all seven candidates registered for the June 7 vote — the Green party's Janet Errygers, Libertarian Glenn Langton, NDP candidate Melissa McGlashan, None of the Above Direct Democracy's Rudy Miller, Liberal candidate Judi Partridge, Trillium party candidate Roman Sarachman and Progressive Conservative Donna Skelly.

About 150 voters filled the cafetorium at Waterdown District High School (WDHS) for the event, moderated by Rick Ludwig, to hear candidates field questions about rural internet access, solutions to skyrocketing hydro rates and green energy, mental health supports, seniors support and the minimum wage.

McGlashan and Partridge repeatedly made reference to the PCs and that party's lack of a platform, and cuts made under previous Tory governments. Meanwhile Skelly referenced the Liberals' record over the past 15 years, while also warning the Liberal and NDP platforms are "reckless."

"Kathleen Wynne and Liberals are reckless with your money and the NDP would be even worse," she said. "Over 20 years ago the NDP almost bankrupted this province and if Andrea Horwath gets a chance she's going to do it again."

Skelly, who worked at CHCH as a journalist and is the current Ward 8 Hamilton councillor, said she first got into politics as a result of the Green Energy Act.

"I thought, 'If somebody doesn't get involved and stop this government, we're going top end up in a mess," she said. "Fast forward and we are in one heck of a mess."

"Hydro is the No. 1 issue that I hear from people when I'm knocking at the door — they are angry and they can barely afford to pay their bills."

McGlashan, who has a science degree and worked in the pharmaceutical industry, argued the NDP platform is a viable alternative to the Liberals and PCs.

"After 15 years of Liberal government, hospitals are overcrowded, wait times for health care are painfully long," she said.

"From hydro bills, to our children's schools, to seniors care, the Liberals just keep making things harder."

She said PC Leader Doug Ford is promising deeper cuts and more privatization, putting health care at risk.

"You don't have to choose between bad and worse," she said, noting the NDP plan would provide pharmacare and dental care for all, end hallway medicine and fix seniors' care, in addition to returning Hydro One to public ownership and lowering hydro bills.

"We need change in Ontario and Andrea is offering change for the better."

Meanwhile, Partridge, the current Ward 15 councillor, said the Liberals inherited a "debacle" from both the NDP and PC governments of the 1990s. She said the Liberals have a plan to deal with hydro infrastructure, stressing the party's platform has a full breakdown of costs.

"Ask the other parties where they're going to cost out purchasing back Hydro One, or anything else they want to do, she said noting the plan has allocated \$500 million for rural broadband internet and a mental health worker in each school.

"If we're re-elected it's already in our platform, it's already costed and it will happen."

For her part, Partridge said the election is about choices.

"Ontario is stable under the Liberal government, Ontario is also firing on all cylinders, ahead of most other provinces across Canada — those are the facts folks, and facts matter," she said. "Or do we want to see the economy go backwards with billions in cuts as proposed by the PCs under Ford."

Errygers said the Green party presents a viable alternative to the traditional parties.

"I know that status quo politics is broken," she said. "Today, government is not working in our best interests."

"Too often in politics today we see the status quo parties locking horns and preventing progress," she continued. "A vote me for, a vote for Green, is not a wasted vote - it's a vote for progress."

Sarachman, who is president of TRC Custom Homes, said he knows budgets and how to spend money wisely.

"That's what has to happen here," he said. "We, as taxpayers, pay a lot of money to the provincial government."

"We have to make sure that they spend our money wisely."

Sarachman noted he joined the Trillium party because the party mandates that members vote as per the wishes of their constituents.

"I have to listen to you and whatever you have to do, I have to do it," he said.

 $He \ noted \ the \ party \ plans \ to \ eliminate \ sexual \ education \ in \ elementary \ schools, \ eliminate \ the \ carbon \ tax.$

As well, the longtime de-amalgamation advocate said it is the last chance for Flamborough to de-amalgamate from the City of Hamilton.

"The Trillium party is going to give us a binding referendum — you guys decide ... whether you want to go or whether you want to stay."

Miller said the None of the Above party is not about 'promised change.'

"We are about actual change," he said. "You have more say than you are being told."

"If you elect NotA, you elect you."

He noted the None of the Above platform is all about referendum.

"Part of what we'd like to do is get people involved through plebiscite," he said. "I really believe that voters aren't given the

credit they should be getting."

For his part, Glenn Langton stressed the election campaign is about change.

"If you really want change and not just a change in the people sitting in the seats moving the levers of the machine, then you have to vote for it," he said. "You have to have the courage to say, 'I've had enough and we're going to try something different."



by Mac Christie

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CELEBRATING A MILESTONE











Clockwise from left, MPP Ted McMeekin, Review media consultants Ted Lindsay and Alistair Murray, Review General Manager Vicki Dillane, Ward 15 Councillor Judi Partridge, and the Review's Regional Managing Editor Catherine O'Hara celebrate the newspaper's 100th anniversary at a special anniversary gathering Monday at the Royal Coachman. Metroland Media's Halton Division Regional General Manager Kelly Montague cuts the Review's birthday cake while staff, including reporters Mac Christie (left) and Julia Lovett (right) look on. The Review's Marianne Kovacs shows off some of the party favours, which were handed out to guests. Former Review Editor Brenda Jefferies is flanked by former Review owners, Cal Bosveld (left) and his brother Ken. McMeekin congratulates the newspaper on its 100 years of service. Murray holds a bowl of business cards while Shelly Hulzinga of Flamborough Travel Plus draws the next raffle prize winner.

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My gums bleed every time I brush? Is that okay?

When gums bleed, it's the body's way of saying "Red flag - something is not right".

Gums bleed when they are swollen.

The swelling is many times triggered by plaque build up around the gum margins.

In rarer cases, it could be a warning signal of a low immune system, a systemic disease, a medication side effect, "blood thinning" or a blood disorder.

Bleeding gums may be marking a site on your gums that is frequently missed when you brush.

Have a look at your teeth and see. Sometimes right-handed people miss the right corner of their mouth because it is their "blind spot" when they toothbrush from one side to another.

Gingivitis – is a term used to explain inflamed gums. This is a 100% reversible phase. With good toothbrushing and a healthy immune system, the gums become pink, stippled and tough with a few weeks. And gingivitis is resolved.

When plaque is left there for many hours, it hardens and becomes calculus. This does not go away with toothbrushing. Long standing inflammation starts to cause damage to the periodontal supporting structures of the tooth. The bone and the fibers attaching the tooth to the bone become destroyed.

Once the supporting structures start to be destroyed, the disease is called periodontitis. This is worse than gingivitis. It is harder to manage health when the bone and gum fibers are attacked. Recession, sensitivity and tooth loss become a threat.

Remember: - when your gums bleed, have a look at where the bleeding is coming from.

Brush these areas thoroughly and rinse.

Floss and use a mouthrinse or salt water.

Visit your dental office and ask your dentist to check your gums.

If you still have bleeding, despite good oral care, make sure you speak to your doctor or dentist.



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