

2ND ANNUAL FUNDRAISER ON THE FAIRWAYS

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AUGUST 24TH

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\$90 per person



Rosalie

2
LIVES
2
LIVE



Vicky

From the time she was born, she's known no other home but a hospital bed. She's now 16 months old and waiting to undergo a second liver transplant. Sometimes life isn't fair. Her name is Rosalie and her grandparents, Brandy Livingston and Aaron Hearn, are caring for her at the moment. They've been spending weeks on end in Toronto, away from work and their teenage son, caring for their granddaughter. Rosalie's medical condition has placed a huge emotional and financial strain on Brandy and Aaron and their family, but they are holding up well because of the love they have for her and it is Rosalie's health that is their main concern.... To see more on this story, go to fundraiseronthefairways.ca.

Imagine being 36 years old, a mother of three boys and told you have one year to live unless you have a double lung transplant? And when a donor set of lung does come available, you undergo the lung transplant only to find out your body has rejected the lungs and in order to survive, you must undergo a second double lung transplant? All this while having to live away from home in Toronto close to the transplant hospital waiting for a donor set of lungs. This has been Vicky Presseault Pineau's enduring health challenge, not to mention the financial challenges she and her family face while they live in Toronto near the transplant hospital. She's a fighter, but she can't do it alone.... To see more on this story, go to fundraiseronthefairways.ca.

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Speaker Sports

Ranch sorting participant Dennis Peddie herds cattle toward the side rail of the pen hoping to extract the numbered calf he was after during the event held at Cougar Ridge Farms on Saturday, August 17. (Staff photo by Sue Nielsen)



Cow sorting

Cougar Ridge Farms hosts cool ranch event

Sue Nielsen
Speaker Reporter

HILLIARDTON — Ranch sorting is a horse of a slightly different colour than team penning, but as exciting if not more so.

“A horse wants to do one thing, a rider one thing and a cow another thing,” said master of ceremonies Sheila Rivard.

“Good job for sticking with it. Often slow and steady wins the race.”

Cougar Ridge Farms was the host site for the ranch sorting event held August 17 under the Northern Ontario Cow Horse Association group umbrella, located in Hilliard Township.

After all the dust had settled from the 15 competitors, Theresa Perilli and Rick Brubacher sorted seven calves in 59.01 seconds to take top spot.

“They won prize money because of our sponsors’ generosity, Matthews Motors, Wilson Chev Buick GMC, Hillcrest Stables, Leo’s Tack Shack, World’s Best Cream, Cougar Ridge Farms, Schill Farms, Temiskaming Vet Services all donated money to each show so we are able to provide prize money,” said Cougar Ridge owner Rena Peddie in an email interview.

Ranch sorting requires two riders to

move a herd of ten cattle in numerical order from a round pen to an adjoining pen within a 60 second time limit.

There is a 12-foot opening between the two pens and one rider will station themselves at the opening preventing unwanted cows from being herded out of numerical order.

Riders take turns herding cows into the adjoining pen.

Continued on 7b

Gold and silver

Ramsay stellar at National Water Ski Championships

Sue Nielsen
Speaker Reporter

TEMISKAMING SHORES — The first time she put on a pair of water skis she was six years old, and she hasn’t looked back ever since.

Temiskaming Shores water skiing teen phenom, Rebecca Ramsay, 18, is partial to the colour gold, but silver isn’t too bad either.

She just came home from the 2019 Canadian Water Ski Championships, held August 7-11 in St. Donat, Quebec, with a silver in tricks and gold medals in the jump and slalom and for placing first overall.

Despite some challenging conditions she pulled off a string of victories.

Continued on 6b



Rebecca Ramsay (right) stands on the podium at the Canadian National Water Ski Championships in St. Donat, Quebec, where she won two gold medals and silver. With her is fellow competitor Kathrine Cloutier. (Supplied photo)

Fundraiser on the Fairways teeing up for two

Sue Nielsen
Speaker Reporter

TEMISKAMING SHORES — By placing a golf ball on a tee, swatting and then chasing after it and later enjoying a delicious dinner with friends, people in the South Temiskaming region will be helping two families.

The second annual Fundraiser on the Fairways 18-hole, four-person scramble golf tournament takes place August 24 at the New Liskeard Golf Club with a dinner, prizes and a silent auction.

“I am doing my good weather dance” for Saturday, said Al Roy.

“We are still looking for teams to participate and if people wish to donate silent auction items we could use them. Please drop them off at The Temiskaming Speaker,” said the tournament organizer.

The proceeds from the 2019 tournament will be donated to Vicky Presseault Pineau and Rosalie Livingston.

Pineau is a mother of three from Haileybury who is living in Toronto awaiting her second double lung transplant.

Continued on 7b

STRAIGHT FROM THE HIP

San Francisco 49ers quarterback Colin Kaepernick made a huge decision to not stand for America's national anthem and take a knee to bring more attention to the way minorities are treated in his country, plus the many police officers involved in shootings and killings of African-Americans back in 2016. It resulted in praise from some, others saw it as an insult to all the veterans who gave their lives and those who returned back home as heroes to keep their country free, etc., which divided America. The NFL landed smack-dab in the middle of the controversy, especially during the Super Bowl which saw many well-known singers boycotting the event.

So the owners of the NFL have put up \$89 million over six years toward causes players were supporting like criminal justice reform, relationships with police, economic growth opportunities and educational progress, plus partnered with Jay-Z's Roc Nation which now will handle the halftime show at the Super Bowl, but also will work with the rapper and entrepreneur's company to "strengthen through music and the NFL's Inspire Change initiative."

Will it work is the big question as if certain performers are allowed to sing protest songs or wear questionable clothing with outrageous signage it will be all for nothing. Hopefully Jay-Z and the NFL will carry through with a positive and healing promotion that brings the majority of



Mike McArthur

Americans back together or at least sell the right message so all can enjoy living in their country and witnessing a great halftime show.

OVERTIME

- exhibition games usually are all about keeping or cutting borderline players, but the biggest rip-off is charging the fans to see these games while teams sit out key players like quarterbacks, pitchers, certain hitters, goalies and gifted goal scorers, the top basketball forwards or defence players. This past week 22 NFL teams playing pre-season games allowed fewer than half of their starting quarterbacks to play. I get it, but even if the prices are much lower than the regular season to me it's still wrong not seeing the best for at least a quarter period or a few innings of the game.

- I often wonder if those who run the tennis tournaments throughout North America and elsewhere will someday allow the best men to play in Toronto and move the top ladies to Montreal, say every five years, as I feel both cities and their fans should get the opportunity. Just asking!

- on the subject of tennis, how about 19-year-old Canadian sensation Bianca Andreescu who won the first Rogers Cup in 50 years over veteran Serena Williams, as she is the only person

on Canadian soil ever to capture that honour? Sure Williams had to quit due to a back spasm, but Andreescu was so gracious in her victory, as she looked up to the American star, and it was a class act.

- I don't have a lot, if any, sympathy for most of the veteran NHL players sitting around waiting to get the call from a team that has the salary cap space based on the dollars they asked for, only to end up not performing to the level they should have, and then getting a buyout or traded to get rid of the contract. Owners should only get burned once and then never again if they really care, plus it's not fair to the paying fans.

- you have to know that if you were a devoted wrestling fan over the decades that Hulk Hogan is celebrating his 66th birthday this month. Time sure flies in our lifetime.

- so the Houston Astros pick up three Blue Jay pitchers during all the trading that was done, but many still think they were poor trades coming back to Toronto. Well if the Astros aren't in the World Series due to their pitching efforts, who really are the winners and losers?

- and finally, how about an early 2020 prediction, folks? This time I really feel Tiger Woods will walk or limp away from the PGA tour as he announces his retirement, however I won't count him out of the Seniors' tour just yet or an annual visit to the Masters' unless once he's done - he's done.

Cow sorting

Continued from B front

If a cow crosses into the adjoining pen out of sequence, the team can be disqualified.

Team penning involves three riders and horses using athleticism and horsemanship to corral cows into a penning area in under 90 seconds.

As far as danger to the animals during an event like this, Peddie said, "penning is 90 seconds, sorting is done in 60 seconds. Cattle are switched out regularly to avoid heat exhaustion on the animals. The

judge also watches for any signs of stress or exhaustion and if there are problems the group is switched. The calves are in holding pens with water and hay. Our first priority is always the cattle."

Cougar Ridge Farms hosts both ranch sorting and team penning events over the summer months.

Next up on the calendar is Team Penning on Saturday, September 7, then ranch sorting on September 8.

Fundraiser on the Fairways teeing up for two

Continued from B front

Her family has faced significant financial challenges because of her health issues.

The family has had to live in Toronto, where the cost of an apartment is steep combined with other costly living expenses.

Seventeen-month-old Rosalie Livingston is in the care of her grandparents, Aaron Hearn and Brandy Livingston.

She just underwent a second liver transplant surgery at Toronto's Sick Kids Hospital.

It took 15 hours and was extremely difficult.

She spent 238 consecutive days in hospital and her grandparents have taken time away from work to be faithfully by her side.

"Rosalie was admitted back to Sick Kids on July 23 because she developed a fever

and started getting fluid in her abdomen again. They are now treating her for cholangitis. If the antibiotics they are giving her do not work there may be another surgery in the near future for stent placement. So the journey continues," said her grandmother.

Rosalie received a liver from a family in British Columbia.

"It really takes a village, thanks to family, friends, our employers, our community, all doctors and staff at all of the hospitals, but probably most of all to the family from B.C. for making the difficult decision to give Rosalie the gift of life," noted Livingston.

To register for Fundraiser on the Fairways go to the website www.fundraiseronthefairways.ca or call Al Roy at 705-647-6791 extension 224 or Lois Perry at ext. 225.



Tips to keep your home smoke- and vape-free

(NC) We all want our homes to be healthy and happy places for ourselves and our families. One way to achieve this is by creating a home that's free from the chemicals and toxins found in second-hand smoke and vapour.

The health risks of second-hand smoke from smoking cigarettes are well-known, which can include lung cancer, heart disease and breathing problems among adults and more frequent and severe asthma attacks among children.

While second-hand vapour contains far fewer chemicals than second-hand smoke, it is not

harmless. There is some evidence that e-cigarette use increases the level of nicotine and other chemicals on indoor surfaces.

Here some tips for a healthier home, which you can use if you or someone in your family smokes or vapes:

Store products safely. Vaping liquid containing nicotine is poisonous if swallowed or absorbed through the skin, particularly to young children. When buying a container of vaping liquid with nicotine, look for one that has a child-resistant closure and a poison hazard symbol. Keep all

tobacco and vaping products and accessories out of the hands of children.

Avoid smoking and vaping indoors. There is no safe level of exposure to second-hand smoke; it is hazardous for everyone, especially for children. The health effects from exposure to second-hand vapour are still unknown. However, the risks are expected to be much lower compared to smoke from a tobacco product.

Get the facts about vaping online at canada.ca/vaping. www.newscanada.com

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Speaker Sports

WEDNESDAY, AUGUST 28, 2019



Jeff Miller of Earlton (left) and Chris Cloutier of New Liskeard were among the many participants at the Fundraiser on the Fairways which took place at the New Liskeard Golf Club on Saturday, August 24. (Staff photo by Darlene Wroe)

Fore a good cause

Success with second annual Fundraiser on the Fairway

Sue Nielsen
Speaker Reporter

TEMISKAMING SHORES — As all successful charity golf fundraisers go, it's hard to beat the score from the second annual 2019 Fundraiser on the Fairways golf tournament held at the New Liskeard Golf Club on Saturday, August 24.

Chock-full of fun activities such as a silent auction, sponsored holes, ball toss, t-shirt and hat sales, a delicious dinner, live entertainment and plenty of prizes, the tournament once again left participants raving about the good time they had at this year's installment.

Last year's tournament raised \$16,918.85 for the Tonkin family.

This year, 102 players played the 18-hole scramble golf event in support of two local families.

"The support we received was fantastic. The community supported this event beyond our expectations," said Fundraiser on the Fairways organizer Lois Perry. "We received so much support from the business community and it gives us one more reason to shop local. We are so grateful. We aren't talking money as yet because monies are still coming in, but this event will definitely help Vicky and Rosalie. Everyone told us they had a wonderful time."

The second annual 2019 Fundraiser on the Fairways will benefit Vicky Presseault Pineau, a Hailleybury mother of three boys, who is waiting to undergo a second double lung transplant.

The second recipient is 17 month-old Rosalie Livingston, granddaughter of Aaron Hearn and Brandy Livingston.

Rosalie has just undergone a second liver transplant and is currently at Sick Kids Hospital in Toronto dealing with medical issues from the transplant procedure.

The Fundraiser on the Fairways golf tournament proceeds are intended to help ease the financial stresses placed on these two families.

Continued on 3b

Continued on 4b

Limited spots

New Liskeard Cubs prepare for season with tryouts

Sue Nielsen
Speaker Reporter

TEMISKAMING SHORES — Just a few weeks away from the start of the Great North Midget League 2019/2020 season and the New Liskeard Cubs are busy hosting tryouts at the Don Shepherdson Memorial Arena in hopes of finalizing their team roster.

The Cubs held five fall tryout sessions beginning on Thursday, August 22, 23 and 24 and two this week on Monday, August 26 and Tuesday, August 27.

"We had a good showing for tryouts. I was disappointed we didn't get more kids from Quebec. One guy with long hair showed up but he didn't come back. He may have gotten hurt, I don't know. We have signed most of the returning players from last year's team so there's only about four spots open. We need two defensemen and two



If the saying, you build a hockey team from the goalie on upwards is true, the New Liskeard Cubs are doing okay with at least two goalies signed, Alex Date and Zachary Pusky as of Thursday, August 23's tryout held at The Shep. (Staff photo by Sue Nielsen)

forwards at this point," said Cub head coach, Steve Polyblank in a telephone interview.

As far as surprises go, Coach Polyblank said the appearance of forward Dean Chitaroni was a pleasant surprise.

"He didn't have as good a spring camp but he looks really good now," said Polyblank.

The Cubs have signed two goalies, Alex Date and Zachary Prusky.

"We had three goalies show up to tryouts along with 27 players and we have signed returning goalie Alex Date and Prusky. The kids will be on the bubble when we play in our upcoming exhibition games.

We've signed most of the kids from last year so spots are limited."

EXHIBITION SCHEDULE

The Cubs will play an exhibition game against the Rouyn Citadels in Rouyn on September 8 then play back-to-back games against the Timmins Majors.

Fore a good cause

Success with second annual Fundraiser on the Fairway

Continued from B Front

WAYS OF FUNDRAISING

The Fundraiser on the Fairways 18-hole four-person scramble golf tournament held various fundraising events.

The golf tournament featured prizes and a delicious dinner sponsored by Rooster's Bar & Grill plus live entertainment donated courtesy of local musicians Martin Drainville, Julie Preston, Jeff Manners, Kevin Sopchyshyn, Lou Benoit, Steve Browne and Ian De Joseph. The winning foursome earning top spot was Mike Garton, Shawn Dewar, Gilles Vachon and Kevin Dufresne.

The most honest foursome included Allan Mooney, Scott Flewelling, Gwen Mooney, and Jodie Flewelling.

Winners of the Beaner's Windows and Doors Longest Putt contest were Tim Mejaki (Hole #9) and Ryan Kelly (Hole #13).

The winner of the WhiskeyJack Closest To the Keg contest was Paul Brazeau.

In all, 45 holes were sponsored and a silent auction brought in 130 items with a painting by James Faubert fetching \$1,000. Pineau's uncle, George Presseault, bought the painting.

McKnight's Men's and Ladies Wear owner, Mike Corbin, donated \$1,000 from a sale he held at his clothing store last week, and the McDonald's Restaurant in New Liskeard and Team Drilling donated \$1,000 each for a total of \$3,000.

Blue bracelets were sold for \$5 each and a yard sale held outside The Temiskaming Speaker office on Thursday, August 22 netted \$330.

"People sent items from as far away as Saskatchewan and Thailand. We were blown away by the generosity," noted Perry. "We will announce our funds raised in the coming days but we think we are over the \$20,000 mark."

Hats and t-shirts were sold and some are still available by contacting The Speaker office at 705-7-647-6791 ext. 246.



Gwen and Allan Mooney of Notre-dame-du-Nord were game for enjoying the day at the Fundraiser on the Fairways, even though they said they were "not real golfers." They were having fun, so they were real winners anyway. (Staff photo by Darlene Wroe)

TEE TO GREEN

Results from the Men's Morning held on Sunday, August 25 at the New Liskeard Golf Club:

Closest to the Pin Hole #2: Michel Ethier (Ville Marie)

Closest to the Pin #5: Bob Daigle (Ville Marie)

Closest to the Pin #13: Jess Coderre

Closest to the Pin #15: George Kemp

This week at the NLGC Wednesday, August 28 Junior lessons from 10 to 11 a.m. (last of season).

Thursday, August 29 is Ladies Morning at 9:30 a.m.

Sunday, September 1 is Men's Morning.

Coming up at the NLGC Tuesday, September 3 is Ladies Night 5 p.m. shotgun start.

Thursday, September 5 wing night 5:30 p.m. shotgun start.

Friday, September 6 McKnight's Men's & Ladies Wear Mixed Social 5 p.m. shotgun start at 1 p.m.

September 13, 14 and 15 Kal Tire Three-Man Tournament, noon shotgun start and Sunday, 10 a.m. shotgun start.

New Liskeard GOLF CLUB

Friday, September 27 Georgia Pacific Fun Golf Event.

Saturday, October 5 NHL Golf Tournament Toronto versus Montreal.

To book a tee time call the pro shop at 705-647-6651.

Results from Ladies Appreciation Night held on Tuesday, August 20 with 60 golfers in attendance:

Low score winners: Nicole Rainville, Geatan B, Denise Moreau, Francine St. Jean

Closest to the Pin #5: Wendy Young.

Closest to the Pin #13: Brenda Henderson.

Longest Drive Hole #8 Under 55: Stacey Desilets.

Longest Drive #8/55to 69: Angela Fiset.

Longest Drive #6/Over 69: Carol Sartoretto.

Longest Drive #18/55 to 69 years: Peggy Knight.

Longest Drive #18/Over 69 years: Jeanette Lefty.

Thanks to Ladies Night organizer, Carmen Brazeau, for her support and dedication and thanks to Rooster's Bar & Grill for the delicious meal.

WING NIGHT

The Brick/Century 21 Wing Night was held on Thursday, August 22 with 64 golfers.

Low score winners: Mark Tourigny/Pat Elliott (31), Clarence Sparling/Yvonne Rivard (33).

Cote's Car Wash Closest to the Pin Hole #2: Yvonne Rivard

Assante's Award Closest to the Pin #5: Doug Watson.

Longest Drive Hole #7/Under 55 years: Tyler Tourigny

Longest Drive# 18/Over 69 yrs: Henri Lauriault.

MILLER PAVING NORTHERN GOLF FUN DAY

Miller Paving Group held a Fun Golf event on Friday, August 23 with 64 golfers in attendance. Thanks to Pat Rogers and to Miller Paving for their support.

Ladies Closest to the Pin #15: Sarah Fawcett.

Men's Closest to the Pin #15: Jonathan Lasalle.

Ladies Longest Drive Hole #11: Sara Fawcett.

Men's Longest Drive #18: Larry Overton.

Ladies Shortest Drive #10: Trish Hoover.

Men's Shortest Drive #16: Ryan Cote.

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Temiskaming Speaker PC32 entry:

For the second consecutive year, The Temiskaming Speaker undertook a community-wide golf fundraiser to help local families battling life-threatening health concerns.

In one case, a family waiting for the matriarch to receive a double lung transplant had to move to the Toronto area and incurred huge moving and living expenses to be near medical care.

The other family involved a young child who has known nothing but life in a hospital and her grandparents have to repeatedly travel the approximately 500 kilometres to Toronto to be with her while she undergoes treatment. They have had to miss substantial periods of work to do this and have had many financial hardships.

As the PC32 Oct.9 SecA 8-9.pdf shows, through the generous donations of individuals and corporations, each family received \$10,000 to help them.

TRICKS AND TRUMPS

Following are the latest results from the Hudson Euchre Club **BID EUCHRE**

May 21
Sue Miron 315 points
Claude Chartrand 231
John Boeltjes 218
Terry Brazeau 206
Jim Lang 203
Moon Shots
Sue Miron 3
John Tickner 2
Claude Chartrand 2
Bruce Loach 1

Jim Lang 1
Craig Hamilton 1
Al Charette 1
Ernie Villneff 1
EUCHRE
May 24 (in order of finish)
Terry Brazeau
Guss Charpentier
Charlie Caldwell
Lorry Caldwell
Linda Goddard 74
LONE HANDS
Jeannine Peever 6

LOCKER ROOM CHATTER

Following are the results of the Haileybury Golf Club's Men's Night Four Man Scramble held May 30:

First Flight-Low Gross (66): Cambrian Despres Insurance, Head To Toe, Chico's Fix It All, Bumstead Trucking: Hugo Rivet, Al Jenkins, Jeff St. Cyr, Willie Olsen.

Second Flight-Low Net (70): Kal Tire, #1 Auto Parts, James Lathem Excavating, 3-H Furniture Systems: Chuck Simmons, Robert Falardeau, Dave Treen, Tim Harris.

Third Flight-Second Net (72): Head To Toe, Chico's Fix It All, 3-H Furniture Systems: Greg Cote, Keith Jenkins, Paul Menard.

Long Drive Junior (North Cobalt Flea Market): Mike Garton.

Long Drive Senior (North Cobalt Flea Market): Greg Cote.

Long Drive Super Senior (North Cobalt Flea Market): Don Sauve.

Closest to the Pin #1 (SMC Canada): John Dickinson.

Closest to the Pin# 7 (Jack Birtch): Tom McGrory.

Closest to the Pin #9 (Ali's Grill & Bar): Al Jenkins.

Attendance Prizes: Grant Propane, Marty's Auto Tech, North Cobalt Flea Market, McKnight's Men's Wear, St. Cyr & Associates, Whiskey Jack.



New executive for TSMHA 2019-20 season

TEMISKAMING SHORES (Staff) — A new executive is now in place for the Temiskaming Shores Minor Hockey Association (TSMHA) for the 2019-20 season.

There were seven executive positions up for grabs, with six positions being filled.

Derek Shillinglaw has accepted the job of president for the new season replacing former TSMHA president, James T. Paterson.

Pierre Rivard is first vice president, second vice president is Mike Stinkowji, the secretary is Nat Popkie and the treasurer

is Kristalie Craik.

Stephanie Foley was elected to the executive this season with returning board members John Zubycyk, Tim Krieger, Dave Medland, Billie Richer, Tyler McDonald, Mike Larocque, Melissa Major and Nicole Leveille.

Fundraiser on the Fairways seeking recipients

Sue Nielsen
Speaker Reporter

DISTRICT — Sometimes people in our communities who are going through difficult times need a helping hand.

The Fundraiser on the Fairways charity golf tournament is an event that was created to raise funds to donate to needy people in the South Temiskaming region.

It's a way to help families who are facing a serious illness and the financial challenges that go along with it. It's an opportunity to help others in the community by having a good time golfing with friends and family, and paying some goodness forward at the same time.

The second annual Fundraiser on the Fairways is set to take place Saturday, August 24. The event is a four-person scramble format with 18 holes of golf and a meal included in the registration costs.

It is time to put on your thinking cap and consult your heartstrings to consider nominating an



individual or family as worthy recipients of the 2019 proceeds.

"We are looking for a recipient for this year's event. If you know of a person who is facing financial hardship because of a serious illness, nominate them,"

said Fundraiser co-organizer Lois Perry.

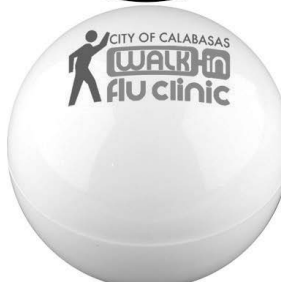
Sponsors of this year's event are The Speaker Printing, Publishing, Promotions, Rooster's Bar & Grill, Northern Signs, CJTT FM, Stock Transportation Ltd, Hockley Brewing Company, 103.1 The Train and Algonquin Variety.

All nominations are considered for selection by a panel of committee members.

Last year raised \$16,918.85 from the event and was promptly donated to the Tonkin family of Cobalt.

Go to www.fundraiseronthefairways.ca or email loisperry@northernontario.ca or drop off a sealed envelope at The Temiskaming Speaker office at 18 Wellington Street South in New Liskeard.

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Speaker Sports

WEDNESDAY, JUNE 19, 2019

Fore a good cause

Fundraiser on the Fairways set for 2019

Sue Nielsen

Speaker Reporter

TEMISKAMING SHORES — It's all "fore" a good cause, to help local people when they need it the most.

The second annual Fundraiser on the Fairways, a four-person scramble 18-hole golf tournament, takes place at the New Liskeard Golf Club on Saturday, August 24.

Two new recipients will share in the fundraising proceeds for '19.

The selection committee has named Haileybury mother of three, Vicky Presseault Pineau, who is in hospital in Toronto awaiting a double lung transplant as a co-recipient.

The other is Rosalie Livingston, the 16-month-old granddaughter of Brandy Livingston and Aaron Hearn of the Thornloe area. The baby is waiting to undergo a liver transplant.

VICKY PRESSEAU PINEAU

Imagine being 36, a mother of three boys and told you have one year to live unless you have a double lung transplant.

And when the donor set of lungs does become available, you undergo the transplant only to find out your body has rejected the lungs and in order to survive, you must undergo a second operation.

Continued on 7b



THE BEAUTIFUL GAME

Two players in the Under 5 division of the Tri-Town Soccer Club were pondering words from their coach while at the Haileybury Rotary Farr Park soccer fields on June 12. Both the Haileybury and New Liskeard soccer fields are busy with action these days as players enjoy the beautiful game with their friends on Tuesdays, Wednesdays and Thursdays. (Staff photo by Sue Nielsen)

Knock Cancer

Waiting list for annual slo-pitch tourney

Steven Larocque
Speaker Editor

TEMISKAMING SHORES — Good timing for a popular summer event sees it grow in its 14th annual edition.

The Team Shan Knock Cancer Out of the Park Slo-Pitch Tournament takes place July 5-7 in Temiskaming Shores.

"As of Monday morning (June 17) we have 32 teams registered," said lead organizer James T. Paterson.

It's the largest field ever for the tourney "and we hope to see even more," he said.

"We now have a waiting list established and would then be able to expand the tournament when we reach 36 teams, then 40 teams, then 44 teams, etc. This preserves scheduling continuity for us," he said in an email interview.

Continued on 6b



Track athletes moving on after District K

Steven Larocque
Speaker Editor

TEMISKAMING SHORES — Runners, jumpers and leapers had their last local meet of the season Saturday at TDSS.

The Mary Vandervliet Graydon Track at Timiskaming District Secondary School (TDSS) was the site June 15 of the Royal Canadian Legion District K meet.

Hundreds of young hopefuls, some from as far north as Timmins, Hearst and Kapuskasing, competed in Atom, Pee Wee, Intermediate, Under 16 and U18 divisions.

Top athletes from the three latter divisions earn a spot in the Legion Provincial meet which takes place July 12-13 in Brampton.

"The kids in U18, U16, and some Intermediate standouts are invited to be on the team travelling to provincials," said coach Tom Barker.

Continued on 6b



Claire Schill, a student at Englehart High School, is a study in concentration as she competed in the U18 Girls javelin competition at the District K meet at TDSS on June 15. (Staff photo by Steven Larocque)

TEE TO GREEN

Results from Ladies' Night held on Tuesday, June 11, at the New Liskeard Golf Club:

Winning Team With 10 Putts: Ginette Cote, Nicole Menard, Jessie Audette, Jessie Labonte and Nicole Lachapelle.

Closest To The Pin Hole #2: Kat Trudel

Longest Drive Hole #3/Under 55: Amber Sayer

Longest Drive Hole #3/55-69 years: Angela Fiset

Longest Drive hole #3/Over 69: Betty O'Reilly

THIS WEEK AT THE NLGC Ladies' Morning Thursday 9:30 a.m.

Thursday: Wing Night tee-times requested

Friday: McKnight's Men's and Ladies' Wear Mixed Social 5:30 shotgun start

Saturday: Free Clinic for Juniors from 9-11 a.m.

Saturday: Englehart Open 10:30 with shotgun start (course will re-open to the public at 3

New Liskeard GOLF CLUB

p.m.)
Sunday: Men's Morning 9 a.m.

COMING UP

Junior Mentoring: Every Tuesday from July 2 to August 27, 9 a.m. to 12 p.m. No fee.

Junior Lessons: Every Wednesday from July 3 to August 28, from 10 to 11 a.m. Members: no fee, Non-Members: \$5 per lesson

Monday, July 15: Senior Two-Person Scramble, 12:30 shotgun start, 18 holes, cart, prizes and roast beef dinner, Members: \$50 and Non-Member: \$70

Call the pro shop to book your tee-times or for more information at 705-647-6651.



The NLGC held a Junior Golf Clinic June 8 where among the participants were, in back from the left, Myles Desilets, Brady Richer, instructor Mike Bonnah, Cameron Caldwell and Isaac Desilets. In front are Cameron Brazeau, left, and Pryce Brazeau. (Supplied photo)

Fundraiser on the Fairways set for 2019

Continued from B Front

All while having to live away from home in Toronto close to the transplant hospital waiting for a donor set of lungs.

This has been Vicky Presseault Pineau's story of her enduring health issues, not to mention the financial challenges she and her family faces while they live in Toronto near the transplant hospital.

ROSALIE LIVINGSTON

From the time she was born, she's known no other home but a hospital bed.

She's now 16 months old and waiting to undergo a second liver transplant operation.

Her name is Rosalie Livingston, and her grandparents Brandy Livingston and Aaron Hearn are caring for her at the moment.

They've been spending weeks on end in Toronto, away from work and their teenage son, caring for their granddaughter.

Rosalie's medical condition has placed a huge emotional and financial strain on the family, but they are holding up well because it's Rosalie's health and the love they have for her that is their main con-

cern.

Her grandparents are devoting their time and entire lives to helping Rosalie and they could use some help themselves.

A Toronto hospital has become a home away from home for the family.

SEEKING DONATIONS

The Fundraiser on the Fairways organizing committee

is seeking participants, donations for the silent auction and sponsors for individual holes.

To register for the Fundraiser on the Fairways go to the website www.fundraisersonthefairways.ca or call Lois Perry at 705-647-6791 ext. 224 or Al Roy at 705-647-6791 ext 225.



HEALTH YOUR WAY



Quick tips to help you cut down on sugar

(NC) Summer is when we can truly enjoy fruits and vegetables at their tastiest. Healthy eating should be a breeze, right? But summer can also be a time for socializing—backyard barbecues, late-afternoon cocktails and snacks are all tempting treats that can make your daily sugar intake skyrocket.

Fortunately, cutting down on sugar is not as hard as you may think. Get started with these quick tips:

Opt for sugar-free drink alternatives. Water is best, but if you crave something sweet, a refreshing alternative like sugar-free lemonade is a great option. You can turn your recipes into a fun activity the kids can also enjoy by setting up a lemonade stand.

Limit highly processed foods. Processed and prepared foods are often high in sugar, sodium and saturated fat. Eat them less often or have different, healthier options.

Compare labels. When looking at nutrition facts, tables and ingredients, choose

foods that have little-to-no added sugars. Added sugar can come in many names. For example, look for brown sugar, cane sugar, concentrated fruit juice, corn syrup, dextrose, glucose-fructose corn syrup, maltose and more. Here's a hint: ingredients ending in "ose" are likely sugar.

Consider your eating habits. Be mindful of what and why you are eating. Are you choosing the sugar-rich food and drink options because you are bored? Or it's convenient? If so, try to avoid having highly processed, sugar-rich foods in the house. You are less likely to grab it if it's not convenient. Have other snacks handy and ready to grab, like fruit, nuts, seeds and yogurt.

Cut back your serving size. When opting for sugary foods, have them in smaller amounts.

Add fruit. Instead of adding sugar, try adding fresh or dried fruits to your recipes.

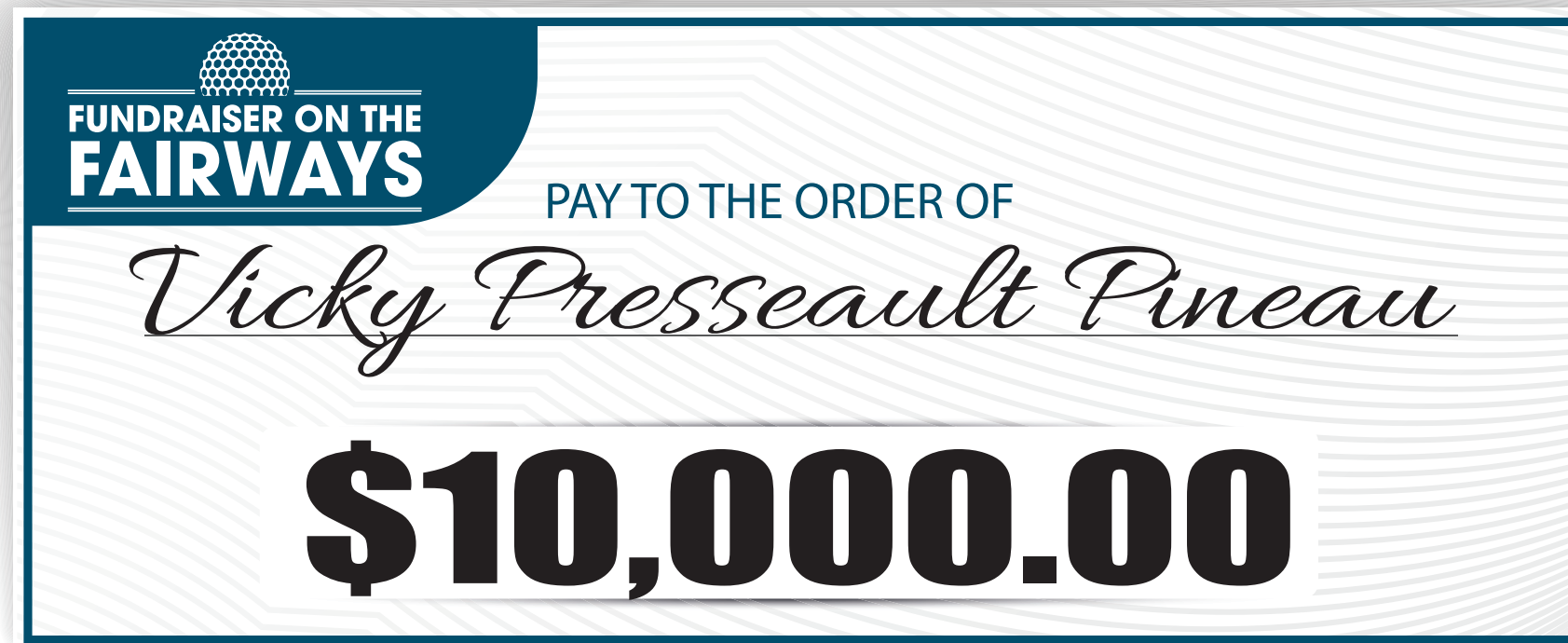
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The Fundraising on the Fairways organizing committee is happy to announce the distribution of this year's proceeds, both recipients have received \$10,000 to assist with the fight against their ongoing health struggles. A huge Thank You to our community, and to everyone who participated!



FUNDRAISER ON THE FAIRWAYS
SPONSORS

The sponsors listed include: Chat Noir Books, NLSM Sheet Metal, Temiskaming Shores, The Orchard, ALGONQUIN VARIETY, New Liskeard Golf Club, ROOSTER'S BAR & GRILL, Hockley PHIPPEN SIGNS, CJTT 104.5 FM, STOCK, SPEAKER PRINTING, PUBLISHING AND PROMOTIONS, TEAM DRILLING, CANADIAN TIRE, COBALT Guardian DRUGS, ECLIPSE LOGS TO LUMBER, SPORT Fishing, MARTIN DRAINVILLE LEIA WEAVER, DOUG NEIMI TRUCKING, RANSACKED, CHAL COUTURE, PANDA, Whiskeyjack, DUCT CLEANING, ANNE GRANT EVANS, DAN & JOANNE CLEROUX, Wilson, CO-OP Regionale, JPL STORAGE, TVM JADA TAYLOR, Maritime Travel, IC INSULCANA, Assante HEALTH MANAGEMENT, Desjardins, The BRICK, the co-operators, Scotiabank, HET, FINDLAY'S DRUG STORE, wabi, LISA LAFRAMBOISE, Northern COLLEGE, valu-mart, BOAT LONGYEAR, LEIS, SMC, MCKnight's, JEFF MANNERS KEVIN SOPCHYSHYN, IAN DEJOSEPH LOU BENOIT JULIE PRESTON, DENVER CARL, JAYMZ FAUBERT, DIANE JOHNSON, ROBYN DEWAR SANDRA HUARD, STEVE LAROQUE, IRIS SHIELDS, TERRA ELACHUK, ROYAL LEPAGE, CIBC, Gosselin Pools, GRANT Home hardware building centres, food Basics, KRIEGER'S AUTO CARE, THE CLASSIC THEATRE, internet webazines, JAMES LATHAM EXCAVATING, cunning DESIGNS, The Quilting Barn, VAUQUE HOME CENTRE, EARLTON TIMBER MART, demora, BRITT'S PHOTOGRAPHY, MELANIE BOURGEOIS, NIC NAT FLORALS & CRAFTS, MUSKOKA CANDY COMPANY, The Pantry, Tri-Town Bowling, The Market, CINDY CARL DENVER CARL SUE NIELSEN DIANE JULIEN, Esthétique Classique, McDonald's, HALEYBURY BARBERSHOP, SMALLMAN PHARMACY I.D.A. PHARM ASSISTANT, STORY ENVIRONMENTAL, exp., Essentials, Tri-Town Furniture Warehouse, Once enough, thegreenhaus, Physio Solutions, PAIB, ROLLY ALLAIRE, URSULA GODDARD, SEW WHAT, DENISE MEJAKI, ARMSTRONG ON WHITEWOOD, BETTY STONE, DONNA QUAY, JUSTINA PHIPPEN, Pampered Chef, Sawmill, CENTRE DENTAIRE TEMISKAMING DENTAL CENTRE, THE HEARN FAMILY SANDRA HEARN ALICE HEARN The Musicians.